



A Guide to Canteen's Facebook Fundraising

**Helping young
people find life in
the face of cancer.**

canteen.org.au | [#paws4cancer](https://www.facebook.com/paws4cancer)

Thank you from Abbey

My name is Abbey, and I was living a normal teenage life until everything changed.

One day, Dad called a family meeting and told us he had cancer. My heart shattered. Life became full of hospital visits, worry, and watching him grow weaker. Just five months later, when I was 16, we lost him. I was completely overwhelmed with grief.

During Dad's illness, I was introduced to Canteen. They invited me on a camp, and it was a turning point. For the first time, I was surrounded by people who truly understood what I was going through.

Canteen gave me a safe space to grieve and be myself. Through counselling and support, I found ways to cope and keep going. Sometimes it was just a chat. Sometimes it was the lifeline I needed.

Thank you for supporting young people like me by signing up for a Facebook Fundraiser. You're making a real difference.

Abbey, Canteen youth ambassador



Your impact

Every dollar raised gives young people impacted by cancer access to lifesaving treatment, specialised counselling and programs to connect with others who've been through it too and get it.



\$10

can help provide e-books and e-guides filled with information to support young people affected by cancer



\$30

helps a young person struggling with cancer access online counselling when they need it most



\$65

allows a young person to attend a Canteen program, connecting with others who've been through cancer



\$118

provides a specialised counselling session for a distressed young person impacted by cancer



\$270

helps fund a life-saving clinical trial for young cancer patients

Our top fundraising tips



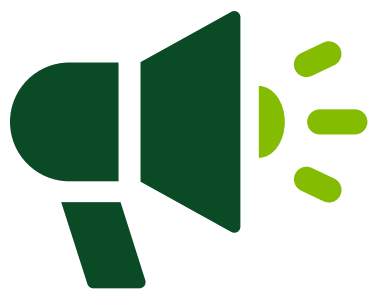
Ask for support from family, friends and colleagues! You can email or text them your fundraising page link or let them know in person - if they don't know about your challenge, they can't support you.



Share your fundraising page via social media! You can share via DM, Instagram story or to your Facebook feed – the list is endless.



Invite people to your page! Visit your Facebook Fundraising page and click the invite button – a direct link will be sent to all those you invite.



Provide weekly updates by posting on your page! Supporters love to see your progress! Remember to tag @Canteen_Aus so we can cheer you on.



Tell your story and your reasons for supporting Canteen! This can be incredibly powerful, particularly with gaining support.



Thank your supporters! Message them directly or tag them in an update and let them know how grateful you are for their donation.

Frequently asked questions

How can I find my fundraising page?

To locate your fundraising page, click this link and you'll see your live Facebook Fundraising page: **facebook.com/fundraisers/manage**.

How do I share my fundraising page link?

Use the 'share' button on your page or the 'invite' button to personally ask your friends. Alternatively, you can share the links provided in your welcome email.

Are donations tax deductible?

Yes, all donations made in Australia over \$2 are tax deductible. If you have friends or family who have donated from abroad, this may vary depending on their country's laws.

How do I get a receipt for my donation?

Your receipt will automatically be sent by Facebook to the primary email address associated with your account.

Is there a minimum amount I have to raise?

No, we appreciate any support you can offer – big or small. Facebook fundraisers set up with a default fundraising target, this can be increased at any time.

Still have questions?

Please email **facebookchallenges@canteen.org.au** and we will help you out!